

AMAL HOME HEALTH CARE INC.
POSITION DESCRIPTION – HOME HEALTH AIDE

REPORTS TO: RN/Director of Nursing

PRIMARY RESPONSIBILITY: The home health aide is responsible for providing direct care to home care clients.

JOB RESPONSIBILITIES:

1. Reads and follows the established plan of care which may include:
 - Communication skills and barriers
 - Observation, reporting and documentation of patient status, and the care or service furnished
 - Reading and recording of temperature, pulse, respiration and blood pressure
 - Basic infection control procedures
 - Basic elements of body functioning, changes in body function, injuries and other changes that must be reported to clinician
 - Maintenance of a clean, safe and healthy environment
 - Recognize emergencies and knowledge of emergency procedures
 - The physical, emotional, cognitive and developmental needs of and ways to work with the populations served, including the need for confidentiality and respect for the patient, his or her privacy and his or her property
 - Commonly used health technology equipment and assistive devices
2. Demonstrate appropriate and safe techniques in personal hygiene and grooming that include:
 - Bathing
 - Hair care/shampoo
 - Nail and skin care
 - Oral hygiene: teeth, gums and oral prosthetics
 - Hearing aids
 - Toileting and elimination
 - Safe transfer techniques and ambulation
 - Normal range of motion and positioning
 - Adequate nutrition and fluid intake, including assistance with eating
 - Assistance with dressing and undressing
3. Perform additional delegated tasks, including medication administration, upon completion of instruction and return demonstration.
4. Prepare meals, including modified diets and food safety
5. Complete household chores.
6. Is aware of and uses good safety practices, including but not limited to:
 - Body mechanics
 - Falls prevention
 - Reporting of defective equipment or hazards
 - Wiping spills or wet floors immediately

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- Using Universal Precautions and appropriate infection control measures
 - Knowledge of emergency procedures
 - Reporting incidents/accidents to the Administrator or Director of Nursing on the day of occurrence
7. Participates in care conferences with other members of the health care team.
 8. Maintains absolute confidentiality of all information pertaining to clients, families, and employees.
 9. Documents as indicated in clinical record.
 10. Demonstrated awareness of professional boundaries and cultural diversity
 11. Plans and facilitates activities for clients to enhance socialization.
 12. Assists with personal communication skills as needed.
 13. Promotes a safe and comfortable environment for the client and family while respecting the dignity and privacy of the home environment.
 14. Recognizes and manages own stresses, which may affect work performance.
 15. Participates in in-service educational programs, as required by state regulations.
 16. Performs additional duties as assigned by the Administrator or Director of Nursing.
 17. Adheres to all agency policies.

EXPERIENCE/JOB SKILLS REQUIREMENTS

- High School Graduate
- Home Health Aide course completion preferred
- Satisfactory completion of competency test
- Must be able to read, write, comprehend and carry out directions and instructions
- Able to function effectively with minimal direct supervision
- Good health status and emotional stability
- Demonstrate a strong commitment to client service and service excellence

WORKING CONDITION REQUIREMENTS

PHYSICAL DEMANDS: (Occasionally means 1-2 hours of an 8 hour workday, frequently means 2.5 to 5.5 hours of an 8 hour workday and continually means 6 to 8 hours of an 8 hour workday)

Sit	Occasionally
Stand	Continually
Walk	Continually
Bend/Stoop	Continually
Squat	Continually
Crawl	Occasionally
Reach above shoulder	Frequently
Reach below shoulder level	Frequently

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Lift, Carry, Push, Pull	
Maximum 50 lbs.	Continually
Over 50 lbs.	Frequently

ENVIRONMENTAL CONDITIONS:

Involves being:	
Inside	Continually
Outside	Occasionally
Exposed to temperatures of:	
32 degrees F and less	Occasionally
100 degrees F and more	Occasionally
Wet and humid conditions	Occasionally
Noise, vibration	Occasionally

HAZARDS/EXPOSURE:

Infectious wastes	Continually
Toxic chemicals	Frequently
Needles/Body fluids	Continually
Radiation	Never
Chemotherapeutics	Never
Mechanical Hazards-Driving	Frequently

**I HAVE READ AND FULLY UNDERSTAND THIS JOB DESCRIPTION.
I AGREE TO ABIDE BY THE REQUIREMENTS SET FORTH AND WILL PERFORM
ALL DUTIES AND RESPONSIBILITIES TO THE BEST OF MY ABILITY.**

Employee Signature

Date